Instructions to Families First Coronavirus Response Act (FFCRA)
Sick Leave / FMLA Employee Request Form

Instructions for Section 2:

Definition of *child*: Child is the employee’s own child, which includes a biological, adopted, or foster child, stepchild, a legal ward, or a child for whom the employee is standing in loco parentis—someone with day-to-day responsibilities to care for or financially support a child. For purposes of the FFCRA, "child" also includes an adult son or daughter (i.e., one who is 18 years of age or older), who (1) has a mental or physical disability, and (2) is incapable of self-care because of that disability.

Definition of *Individual*: Individual being cared for by an employee must be someone with whom the employee has a personal relationship. The individual must be an immediate family member, roommate, or a similar person where an expectation has been created that the employee would care for the person if s/he was self-quarantined or quarantined. Additionally, the individual being cared for must: (1) be subject to a federal, state, or local quarantine or isolation order; or (2) have been advised by a health care provider to self-quarantine based on the belief that the individual has COVID-19, may have COVID-19, or is particularly vulnerable to COVID-19.

Instructions for Section 3:

Employee working at worksite:

Request for intermittent leave for COVID-19 sick leave: If the employer agrees, intermittent leave is ONLY allowed to care for a child under 18 years old due to a school or childcare closure because of COVID-19. This limit is so that if an employee is sick or possibly sick with COVID-19, or caring for an individual who is sick or possibly sick with COVID-19, the intent of this paid-sick leave is to provide such leave as necessary to keep the employee from spreading the virus to others.

Request for intermittent leave for COVID-19 FMLA (Child Care): Employees may take intermittent leave only if the employee and employer agree upon such a schedule. For example, with the employer’s permission, an employee may take childcare leave on Mondays, Wednesdays and Fridays and work on Tuesdays and Thursdays.

Employee teleworking (working from home):

Request for intermittent leave for COVID-19 sick leave and COVID-19 FMLA (Child Care): If the employer agrees and the employee is unable to telework the employee’s normal schedule of hours due to one of the qualifying reasons for paid sick and/or childcare leave, intermittent teleworking is allowed. If the employer agrees, intermittent leave for these cases may be taken in any increment. For example, if the employer and employee agrees on a 90-minute increment, the employee could telework from 1:00 PM to 2:30 PM, take leave from 2:30 PM to 4:00 PM, and then return to teleworking.
Instructions for Section 4:

Documents that may be requested (but is not required) for school/place of care closure:

For leave requested due to a school/place of care closure because of COVID-19, employers may ask from the employee requesting leave for a copy of a notice that has been posted on a government, school, or day care website, or published in a newspaper, or an email from an employee or official of the school, place of care, or child care provider.
Families First Coronavirus Response Act (FFCRA) Sick Leave / FMLA Employee Request Form

Company Name ____________________________________________

Today’s Date______________________________________________

Employee Name____________________________________________

To request leave on the basis of the FFCRA, please complete the following request form and submit to your supervisor/HR manager as soon as practical.

1. Type of leave requested:
   ___ COVID-19 Sick   ___ COVID-19 FMLA (Child Care)

   Requested Leave Start Date: ________________  Estimated End Date: __________

2. The reason for this leave request is (select the appropriate box):

   □ COVID-19 SICK: I am unable to work or telework because:
   
   □ I have been ordered to self-quarantine by:
     □ Name of governmental entity: ___________________________; or
     □ Name of health care provider: ___________________________
   
   □ I am experiencing COVID-19 symptoms and am seeking a medical diagnosis.
   
   □ I am caring for an individual who must self-quarantine:
     □ Name of Individual: ______________________________ and
     □ Relationship to the Individual: ___________________________
   
   □ I am caring for my child(ren) under 18 years old due to a school or childcare closure because of COVID-19
     □ Name and Age of child(ren): ___________________________ and
     □ Name of school/place of care: ___________________________
     □ By checking this box, I represent that no other person will be providing care for the child(ren) during the period for which I am requesting leave and if my child is older than 14 years old, special circumstances exist requiring me to provide care for my child during daylight hours.
I am experiencing “substantially similar conditions” specified by the Secretary of Health and Human Services.

COVID-19 FMLA (Child Care): I am unable to work or telework because:

- I am caring for my child(ren) under 18 years old due to a school or childcare closure because of COVID-19
  - Name and Age of child(ren):____________________________________________________ and
  - Name of school/place of care: __________________________
  - By checking this box, I represent that no other person will be providing care for the child(ren) during the period for which I am requesting leave and if my child is older than 14 years old, special circumstances exist requiring me to provide care for my child during daylight hours.

3. Time off work is requested to be (select the most appropriate box):
   - For a continuous block of time (several continuous days, weeks or months off work).
   - For a reduced work schedule (change in work schedule needed—fewer hours per day or fewer hours per week).
   - On an intermittent basis (periodic time off throughout the day or week; NOTE: for employees physically working at the worksite, a request for intermittent leave for COVID-19 sick leave will only be considered if it is to care for a child under 18 years old due to a school or childcare closure because of COVID-19).

4. Additional documentation or clarification may be required prior to approval of requested leave.

Employee Signature: __________________________ Date: __________

For HR use ONLY: Date received ________